MORGELLONS NO MORE

******************************************************

eBook

by

Nancy J Levy
INDEX

PREFACE
FORWARD

OVERVIEW: MY BRIEF STORY Page 1
NATURE OF THE BEAST Page 3
WHAT TO EXPECT Page 7
LYME CONNECTION – “CHICKEN OR EGG” Page 10
THINGS THAT HELP Page 11
TREATMENT RHYTHM Page 21
THINGS THAT DID NOT WORK FOR ME Page 23
CURING YOUR DWELLING Page 23
PERSONAL GROOMING Page 25
CONTROL WHAT YOU CAN CONTROL Page 26
MEDICAL Page 27
PREFACE

This little book is offered for one purpose only --- to present my personal overview from experience with Morgellons Disease and to provide one point of reference for the thousands of other sufferers who are trying to endure this disease. It is free but cannot be produced/printed beyond personal reference only and never sold. It is a sin to withhold information that others need, so may this bring anyone needing this information to a quicker healing than I experienced.

Once I learned what I had and was confined alone in my home in the earlier stages, two parallels entered my spirit and were to never leave. The one was the story of Job and what he suffered for 10 years and the second I quote below from Revelations 9. Although this is not the plague of locusts, it is most certainly a foreshadowing of what is to come; however, the future plague will make Morgellons look like a picnic with ants in contrast.

Please understand, I am not politically correct nor will ever be in addressing this disease. My heart, however, is with those suffering and to that end I offer my experience and observations. It has taken me a full year to research and "connect the dots" of the information that randomly entered my life. I pray it helps!
Revelation 9:2-6 (New King James Version)

"2 And he opened the bottomless pit, and smoke arose out of the pit like the smoke of a great furnace. So the sun and the air were darkened because of the smoke of the pit. 3 Then out of the smoke locusts came upon the earth. And to them was given power, as the scorpions of the earth have power. 4 They were commanded not to harm the grass of the earth, or any green thing, or any tree, but only those men who do not have the seal of God on their foreheads. 5 And they were not given authority to kill them, but to torment them for five months. Their torment was like the torment of a scorpion when it strikes a man. 6 In those days men will seek death and will not find it; they will desire to die, and death will flee from them."

New King James Version (NKJV)
FOREWARD

We all have those moments when we feel as though there is something “crawling” on our skin. The chances are very good there probably was; however, when there is biting, stinging, itching and evidence of a rash the chances are greatly increased. These are the early signs of Morgellons Disease, but you will invariably be able to see or pick off the culprits and they are parasites. The most common ones found are a small black specks, resembling pepper specks, although there are others as well.

There are thousands “out there” that are suffering from this “non-disease” (or “Dillusional Parasitosis”, as it is dubbed by the medical practitioners). Unfortunately, no one seems willing to step up with any medical/scientific inquiry nor apparent interest in pursuing more knowledge. Hence, it is then impossible to even get a referral to an Infectious Disease Doctor, who is the best qualified to address what is going on in our lives and the distant hope that your help will even be found there.

This little book touches upon my own story/plight and I am now into the thirteenth month of it (normally, something extraordinary emerges after the ninth month -- a real gift! This is not it!) I then launch into the research I have done along with things I have tried that were recommended and may/may not work for you. Along the way, a few things were nuggets worth keeping for a semblance of relief or calm. I found it increasingly difficult to wend my way through ALL of the blogs online; however, most of my help came from them and that is about all any of us have at the moment from which to garner any hope, much less healing. To all of those who have so generously shared your cures, albeit agonizingly slow they were, I thank you for myself and I know for others.

I pray this helps you and eases your suffering.
What the_____ is Morgellons and where did it Come From?!

That is the essence of my question when I first learned about it and that I had it! Unfortunately, I was 4 months into it when I learned. I quickly became convinced it truly was a disease directly from hell.

I had entertained a 10-year old for a month in June 2009. When she returned home, her grandmother phoned to alert me that the child had head lice and you guessed it – so did I. As I was also to discover later, I also had a flea infestation. I was so utterly unfamiliar with both that I spent 4 out of these 12 months fighting my house, before I came to the realization that something was seriously wrong with my body/health. In my personal experience, the source of both vermin was very rural and heavily inhabited with wild deer, even though I had not been in that specific area.

When the rash first appeared, I perceived it to be “bites” and still thought the house was the source of these. Much to my overwhelming dismay, when Morgellons entered my life it had spread from a narrow band across my lower abdomen to a full torso rash, front and back – and still things crawled on me day and night.

“Right!” I said, I should book a Dermatologist, which I did. I shall cut to the chase and say that I ended up finding a second Dermatologist (given the mystifying reaction of the first) and found the same result with the second. I was utterly baffled by this “glazed” look I received and both directed their concern and eagerness to treat a wart on my right arm – utterly and beyond comprehension and looking “over” but not addressing the rash (I refer to this reaction as the “Stepford Stare”). The only medication they would prescribe was the offer for “something that would make me feel better” – a sedative/mild anti-depressant.
Frankly, in my wildest imagination, I never realized parasites could be depressed!!!! I literally RAN from each office with a bill, but no solution to my plight and not even the effort to give a referral to an appropriate specialist...not a hint of concern with either dermatologist. Up front, I must repeat two caveats ad nauseum, as they are so critical: First, get a Lyme test right at the beginning of your plight and, second, understand that you must be aggressive 24/7 in fighting this disease. Learn to be relentless - which is precisely the nature of the parasites.

It took the kind concern of a neighbor battling her own illness to start pointing me in directions I had never heard about, much less tried. The first was the Rife Therapy, which is sound vibration cycled at differing frequencies and patterns (more on this later). As with everything else, I began researching this and sent out three e-mails to people I had found who made the machine. It was one of three Physicists who probed me at great length about my symptoms who hit the bullseye on each one - ala Morgellons was born. More research, now about a disease which appears to be rare rare - very rare which few understand anything about. The symptoms for Morgellons are very well documented on the blogs and I shall leave it to the reader to do their own in-depth research, as I did.

Through my own research, I learned what the diagnosis was from two dermatologists: "Delusional Parasitosis" - I am nuts and self-inflicted the rash from scratching. Frankly, I did not find myself to be the "delusional" one in the scenario, but nonetheless that is the common view across the vast majority of allopathic medical practitioners. Most tragic are the stories about the children/babies and those who have so lost hope they have committed suicide because no one would help them.
After 4 months of house fighting, now I had to turn my attention upon fighting some very small vermin trying to take over my body, having not come so much from my house, but from inside myself which started with a compromised immune system. That said, however, the lice and fleas were the trigger that set mine off, I am certain. Lice, fleas, mites and ticks can implant a bacterium and the ones I inherited clearly came from an environment that is highly populated by wild deer, particularly given the connection of this disease to Lyme. I mention this, lest anyone suffering from this had been in a highly rural area previously.

So, here we are months later and a great deal of wasted energy, money and time in the struggle against the disease. Having found the one Doctor that would work with me treating Morgellons, I by God’s grace also have the one Doctor in this area to whom many other practitioners refer their Lyme patients and he definitely KNOWS Lyme Disease well and its cure. The two diseases are connected and as over 90% of Morgellons sufferers are diagnosed with Lyme, that is what became a very high priority for him. Hence, my blood diagnosis came back positive for Lyme. Since beginning the initial regime of antibiotics for Lyme, the Morgellons symptoms are beginning to abate.

Most people whose blogs I read have had relapses when going off one treatment or another and that is a very real possibility. First, when you do find something that works well, do not go off of it. I am trying to attack them on the inside, as aggressively as on the skin.

BE AWARE: The odds are that this disease will so confuse and REPULSE your friends and family that they will simply not be able to “get their heads around it”, nor do they really want to and you may find yourself “alone at the well” while you fight it. I know I found that as real as the disease itself. Therefore, forgive them and don’t expect too much of anyone else, but appreciate ANY help you get, being aware from the beginning that you will be utterly alone and mostly “holed up” in your home for months, even years, on end. It is not a happy time, but you can endure -- you have to endure!
The Nature of the Beast:

If you have ever wanted to watch a parasite bench press 400# in a single lift ---- feed it sugar! This is their primary diet and means of living and reproducing. This is all food containing and or converting to sugar, high fructose corn syrup, carbohydrates of all forms, alcohol, even coffee and caffeinated drinks/foods. ANYTHING that can convert in the system to sugar or is a stimulant is to be eliminated instantly. Watch your weight drop like a stone after you do this! READ LABELS on everything you buy. You are going to be shocked. In fact, start shopping the outer edge of the supermarket and ignore just about all things in the middle.

Additionally, I learned too late from daily and aggressive treatments from the sound vibration machines that I was having a very high kill rate, but they were accumulating in my organs. You must attend to your liver, kidneys, lymph and spleen from the beginning to keep them open and things flowing freely. Equally, the "die offs" become food for the living, as well.

It is truly a "beast" of multiple proportions. From the top, let me express that you must prepare to BE AGGRESSIVE in this battle and cannot slack for even one minute. Your first indication that you may have a problem is the knowledge of things crawling"/biting/stinging and itching on your skin (24/7)-- and you won't be "delusional". What you may find is quite common is that there are about 4+ things crawling on you. Again, their origin is from within your body. There are billions of parasites in each of our bodies and mostly they are ones you want and take probiotics to keep alive. Basically, these which are manifesting in this disease appear to be our "clean-up" detail; however, when your health and particularly immune are compromised certain ones among them will now emerge to scour your skin and find a home to lay eggs. Do not expect to be rid of the crawling as long as you are treating this disease as they come continually, in lesser and lesser size.
Although you may conquer the main herd inside of you, there are always the "hatch outs" and they begin to look for new territory. The smaller they become, the more diligence on your part is required to cleanse and treat them. Just to add to the horror of it all, they also "pupate" through the skin from within.

I learned they had a routine (believe it or not!) as they tend to get really active about every 12 hours, mostly around 1:00 p.m.

and very much so at 1:00+ a.m. The other critical periods are the New and Full Moons. It seems the magnetic pull of the earth is when they get the message "MATE". That has taken me the longest time to learn, at great price, and is the most distressing period. I would just begin to clear my skin of rash when the moons came into play and they were back with a vengeance.

Above all, restructure your sleep patterns as much as you can. First of all, that is about all you will have time to do, along with trying to get them off and out of your body. You certainly cannot work, travel (esp. air travel, as the cabin pressure drives them to intensity) nor socialize all that much. In the few times I went out to dinner their activity caused me to beat a retreat after about 1 hour. Like the majority of us suffering this disease, you will find yourself mostly self-quarantined.

It is not determined if they are contagious and no one wants to run the risk that it is. You will need to get outside and walk to break this extensive time and for your health. Parasites by structure are acidic. Therefore, they thrive in acidic environments and most Americans are highly acidic in their diets, given the average and unhealthy diets we continue to crave. Therefore, from this day forward, you will be striving to convert the acids within and without into alkaline. I only recently learned that they mutate from their arthropod state and become almost impossible (if not impossible) to kill; hence, you need some specific professional help and herbs to mutate them back wherein they can then be killed.
EVERYTHING GOING ON IN YOUR BODY CHANGES CONTINUALLY; therefore, you must prepare yourself to be ever-changing in your treatment. A good strength test with a Naturopathic Doctor can define this for you. I found another Dr. of Naturopathy who was highly versed and had trained under a Dr. James Overman. His book OVERCOMING PARASITES NATURALLY is the Holy Grail for things pathogen, including Morgellons and Lyme. I cannot stress enough that you should acquire this up front then follow take is seriously. You will find most of the issue going away, but a few “rogues” will remain to torment you, regardless of the heroic efforts you are applying. Nonetheless, it absolutely WILL END with due diligence on your part.

Their presence leaves many nasty things: the rash appears to be the result of bacteria they leave behind; lesions appear to result from them emerging from their little hide-away in your skin; and then there is the itching – merciless and unrelenting most of the time. As the lesions heal, dark spots appear in their place and there is the potential for scarring. Know that your skin will take a real beating, but can heal. Everyone reports the existence of “fibers” in the lesions and I did see these also. No one has a conclusive answer as to what these actually are and where they come from; however, mine appeared to be present after a parasite vacated the skin and the lesion appeared. I might mention that in my case, the fibers were curious but not the source of the problem. Unfortunately, most people who study or who have this disease become mostly fixated on these fibers and so much more is going on.

One thing I found to be among the most difficult to tolerate was the invasion of my neck, as well as head. The neck appears to be their “way station” on the way to the head. Nonetheless, if you feel a very “starchy”/stiff sensation on your throat/neck and upper chest, chances are they have staked their territory there and it is really hard to get them off. They establish themselves and then cover themselves very well with a form of mucus that rivals Crazy Glue. The ONLY way I could break through this to get to them was to literally scratch through that barrier, which wreaks havoc with very sensitive skin (used Emu Oil for healing the damage and preventing permanent scarring). A fellow sufferer and friend has suffered for 6 years and has fixed some home concoctions in her kitchen that have really been quite helpful.
At first glance, it appears she has pureed things they like to eat from the kitchen and they are drawn out — and suffocated within! One works reasonably well on this neck situation which contains tons of black pepper. Once I broke the surface or created cracks in it, the oils and salves could begin to penetrate and they began to release, with effort. They are constantly determined to reestablish themselves not only there, but elsewhere on your body and while you are asleep is the best opportunity to do this. Be vigilant and as tenacious as they are. The battle is 24/7, believe me! Lots and lots of 2:00 a.m. awakenings and showers, believe me!

Some of these are blood-bourne parasites and they “surf the lymph” system at will. They love to congregate in the bends of your arms behind the knees, the neck/chest/armpits, etc. When they come under attack in one area, they are very quick to swim off to another and it is usually from one arm to another. Just when you think you have won the war, the battle moves. War it is and they take no prisoners. Personally, I have come to conjecture that the bulk of this problem that remains blood-bourne might well be the Babesia bacteria of the Lyme Disease.

As I said, they head for the head. One parasite in particular would really attach itself to the lesions and I could never quite determine if they all crawled up there or hatched out of the head, which left the lesions. It seemed that the more effective my attack was, the higher on the head they would be seen. Nonetheless, the only way I could subdue and stave them off, even kill them gradually until they could all be killed off was to use the sound vibration therapy. Most effective was the machine with contact points and I would put the negative pad on my calves and a rod at the base of the skull/top of the spine. Over time and multiple treatments, this eliminated the lesions. Most medications and other methods could not penetrate the blood/brain barrier to reach them.
I found a Nano-Silver gel that I find is very helpful on my head and body after “digging them off” the head, etc. I used my lice comb to literally dig them off of the scalp and that hurts and enlarges the lesions. As well, they were quick to return and implant themselves; however, there are times when this brutality is required.

This disease is vile, debilitating, enervating, tormenting, depressing at times and exhausting (on the lighter side). As the external evidence improves, unless you are dealing with the source inside of you, you will probably experience later breakouts/relapses. It matters not at what point this occurs, which is often, but it is so very discouraging. Just soldier on and fight them back. You must recognize that you will have days when you despair of ever being well again – but you will.

Again, it needs to be stressed that there is a connection between Morgellons and Lyme Disease. Over 90% of Morgellons sufferers are tested and found to have Lyme Disease. My treating physician is an expert on Lyme and feels that the Lyme precedes Morgellons. The Lyme attacks and diminishes the Immune System/white blood cells and then the parasites are not held in abeyance inside and begin to attack the rest of the body.
What to expect:

Endless showers and bath soaks. More often than not, this is the only thing you can do to get any relief, even for a brief time.

Laundry, laundry, laundry – every time you take clothes off (and it will be often) or awaken and pull your bedding, you need to instantly put it into a scalding wash (my water heater is one stop below the highest point) and then a hot dryer for an hour. It is the only thing that will kill pathogens and the water must be above 130 deg. F. The hot dryer is critical for killing the vermin, as well. I used Oxyclean with all washes as it dissolves proteins and parasites are proteins. Forget your fabric softeners as they have no affect and just add to the compounding costs. Use white vinegar (about 1 cup) as it is the best thing to completely remove the soap and the smell evaporates. Clothes are just as soft without soap residue left behind. Also, it kills bacteria! I repeat, as you kill off these things on the inside, they will begin to accumulate, overloading your organs.

They also “back up” in the intestines and colon AND, even more importantly, your organs. Constipation is a very real possibility. IT IS IMPERATIVE THAT YOU KEEP YOUR SYSTEM MOVING! If necessary, as it was for me, a series of colonics may be called for, so locate a good source. The results will astound you, believe me!

Unbelievable water and electric bills – they will skyrocket as you are using them 24/7. This is very difficult to reconcile in your mind, but try and expand your budget to allow for this.

Expensive: This disease eats money like it eats your skin. There is no other way to get through it, as you MUST do whatever it takes. You are left with no choice by the disease.
Once you establish care from a qualified physician, you can declare a good portion of it on insurance, which helps and the earlier you find a treating physician the better off you will be in all areas. IF YOU ARE MET WITH UTTER REJECTION AND DISBELIEF, REFER TO OUR STORIES ABOVE AND RUN, RUN, RUN FROM THEIR OFFICE. Find a good Naturopath, which is now my absolute preference. Mine were willing to "step up" to help and profoundly more versed and knowledgeable.

Herxheimer’s reactions: This surprised me! Had I not been reading up on Lyme Disease, I never would have understood what was happening. With Lyme, when you are killing off the spirochetes (Spy-ro-keets)/Borrellia and Babesia bacteria the Herxheimers is a very positive sign, although one would prefer not to endure that. The dying bacteria/virus’/parasites give off neurotoxins and you start feeling the reaction: high anxiety, “flu” symptoms, chronic fatigue, brain fog, aching joints, etc. Suppressing these reactions only serves to suppress the immune system, which is the last thing you want. Although it is tagged to the Lyme treatments, I experienced this reaction on numerous occasions after a Rife/Sound Vibration Therapy and the treatments I was either prescribed or were recommended.

The crawling and itching is constantly with you. When researching products advertised on the internet, the term asphyxiation seemed to be a byword for eliminating them on the skin surface. I have yet to find a topical to destroy them outright so prepare to smother them. A carrier oil with oregano and tea tree oils has worked well; however, a petroleum based product (Menthylatum rub such as Vicks which is my favorite – they also want to get away from the menthylatum) applied to the afflicted areas tends to bring many of these to the surface for “air” and you can virtually pick them off. I found that “rolling” my fingertips around the areas I had blanketed with oil/petroleum-based products worked the best. You will feel the offending parasites as they get trapped and you are pushing them about.

Please put the “pickins” on a paper towel, fold it into itself and wet it down before disposing of it. At one point, my skin had areas that felt like bristles and I discovered that small white and thin parasites were popping up out of my pores for air.
MY FAVORITE: And the most immediately effective is the Morgan Bath by Dr. James Overman and his zinc oxide-based topical. I followed the instructions to the “T”, and found both the most effective I had used to date. I used this as a compress on the irritated areas between baths, which reflected a considerable reduction in external rash/bumps, etc., and they really did come out. Be certain to rinse off immediately so they do not recede back into the skin. Above all, keep up the assault multiple times during the day and night.

One of the favorite things I used later in the disease was Thieves Oil from Young Living.

They also have a household cleaner that is fabulous! (See “References”).

Leather skin! Their presence on my body and the bumps where they lived gave my skin the appearance of a lizard. Also obvious was that my skin lost its natural color and actually looked like “death”. Worst of all, they inhabit your ears, nose, and eyes and can be found coming out or your gums! They clog your sinus and dig into and lodge in your ear tissue and eyes. They also appear to be hatching out of my head and really secure themselves. They seem to be protected by the blood/brain barrier and most medication never reaches them there. My Naturopath has recommended a “brain detox” and the sound vibration machines have really had an affect when applied directly to the head. My most acute brain fog and subsequent extreme vertigo were a result of one lodged in the inner ear membrane. I could not move my head or body for at least one day.
Morgellons is certainly directly connected in some way to Lyme Disease; however, there are no definitive answers explaining how.

After long, tormenting months of relentless attack by the parasites I have to admit the only Dr. I found that would work with Morgellons (having had some prior experience with it) pegged Lyme in my system on the first visit. His problem is that I would not discuss Lyme until the parasites were gone.

WRONG! His prognosis was very correct in that, by treating the Lyme, the Morgellons parasites began to subside. At this writing, they are not gone but are considerably diminished and going.

The two virulent bacteria (Borellia and Babesia) in Lyme essentially are what tanked my immune system, thereby giving the parasites from within the freedom to invade the outside. As for Lyme, people have had various situations resulting from these bacteria and none are to be desired. Be alert to your teeth, as some people have reported that the bacteria penetrate your bones and "eat" the bones. I had this experience and a bone transplant in my jaw bone, as well as some of the remaining bone, is now gone.

DO NOT DISREGARD THE LYME CONNECTION!

From the very first contact with a physician, I stress it is critical for you to get a Lyme test wherein you can begin to attack it early on. My personal treatment is a very, very aggressive and expensive multiple course of antibiotics, an antiparasitic/antibacterial (Mepron – purchase from Canada. It is extraordinary in price for a 21 day course and I must have two courses for Babesia). There is the existing reality that one of the bacteria "cysts up" to defend itself from medication, etc., and one goes in and up to 5 come out. That one is the Borellia bacteria. The Babesia is the most difficult to rid yourself of and is usually the "last man standing".
Neither are easy, though. That said, there a couple of new finds that show an impact on the cyst which in turn allows the medication to reach the bacteria. I alternate programs for Lyme on the Sound Vibration therapy over two days with one day off and then hit them again. This may prove to be one of the most beneficial over time as the bacteria/parasites do not usually understand the vibrations entering the body in order to defend themselves. The high-frequencies and varied vibrations break apart the offending micotoxins/invaders over time but do not impact the healthy cells, etc.

**Things that help:**

(Please note that these are the things that have helped ME and brought some relief where others did not. Use only your own discretion when choosing anything I have recommended)

*Indicates things that I found particularly useful and are on the top of my list.

**ANTI-PARASITIC PRESCRIPTIONS**

These are essential, but come with a warning. You can overdo them, especially early on at the worst of this. Mine were Mobendazol and Ivermectin and I ended up with an overload and an insane reaction of itching, wherein I wanted to tear my arms and chest off and ended up in the Emergency Ward. Have some antihistamines on hand but ONLY for those hellish moments that occasionally arrive.

**RIFE THERAPY**

As I mentioned before, this treats multiple illnesses/conditions based upon a frequency of sound vibration found to work on a particular condition/cell/pathogen, very much exemplified by breaking a glass with a high frequency sound. I have used it for 8 months and it has clearly reduced the parasites to the nymph stage and getting smaller. If you do use this method, it is important to vary the programs, as pathogens learn to adapt and survive. This system does not damage healthy cells, but kills unhealthy ones. Hence, the logic and the expense of getting treatments (much less finding someone with a machine to do the treatments) more than justifies purchasing a machine for your own use.
The machine that worked for me has quite a small generator with contact negative/positive contact attachments and is considered pretty much the "cadillac" of the machines out there, as well as a larger non-contact machine with a light bar that flashes the color spectrum. Also, remember that almost any physicist could be found making their own version for sale.

Another option is the one offered by Dr. James Overman.

Caution: It is extremely difficult to find a practitioner or owner with a machine so do some research.

*OXYGEN

None of these things can survive an oxygen rich environment. Therefore, add a cellular level oxygen to your immune-building regimen.

I am particularly alert to varying the respective therapies and the times I implement them. These things "read" things you introduce into your body as an attack and will dive into healthy cells, deep tissue or cyst up to defend themselves. My goals are to catch them by surprise and kill off as many as possible. The only thing they appear not to understand is the sound vibration apparently because it mimics the energy patterns of the body, although intensified. Another oxygen treatment that would help is hyperbaric oxygen chamber therapy --- but it is expensive.

**Dr. OVERMAN’S MORGELLONS HERBAL REMEDIES**

ALL OF THEM!! They worked! He also has developed Lyme products.

CAUTION !!!!

!!!ULTRAVIOLET"

Simply stated: tanning bed! Do NOT do this! I did and I actually INCUBATED the eggs under my skin! It was the "running of the bulls" all over again, not to mention the rash returning.
*FAR INFRARED

Dry sauna, not liquid induced. I do this about 3 times a week, especially before my sound vibration therapy.

*BLACK PEPPER

Believe it or not!! A fellow-sufferer gave me this recipe and it was remarkable. Try it, but with a caveat:

the secret to the pepper is the capsaicin and there will be a burning affect on the skin. Leave it on for about 5-10 minutes at the most and monitor it for its irritation. Has been used on children, but that needs a judicious approach. It is only for external applications and drawing out the surface “plantings”. IT WORKS!! I repeat the process once a day.

*UNCOATED BAYER ASPIRIIN - LARGEST BOTTLE

Another moment of relief from the itching and inflammation on the skin, as well to take internally for inflammation and itching.

Externally, put about 20 or more in a small glass container and carefully dissolve them in only enough distilled water to make a spreadable paste. Spread this over the irritated area and allow to dry for about 5 minutes or more. A fair number of skin-anchored parasites will come out and the analgesic of the aspirin will ease the redness, itching and topical inflammation. Messy, but helps.

^ANTI-PARASITICS

I hope you find a medical person (could also be an Osteopath) to prescribe parasitics for you and early in the disease. These are helpful, but as part of the whole.

As my disease has had 12 months to establish, my parasitics are being administered very aggressively and are working. There are potential reactions to these and I have experienced them later during a very intensive schedule of the parasitics, so work closely with your practitioner and monitor your responses.
*IONIC FOOT BATH (Mine has Rife frequencies built into it)

Should be done about every other day to continue “drawing out” toxins. I cannot express to you how horrifying about 5 of my footbaths were! I could not believe that it all came out of my feet! This facilitates detoxifying the body and I do this about 3 times a week.

Allow me to again stop for a moment and emphasize that you absolutely must continually cleanse your body and flush out the toxins and pathogens. You need to try to get to the source inside; otherwise the best you can seemingly hope to do is “maintain” the disease with the possibilities of relapses.

*COLONICS

My administrator of the colonics uses a cold plasma-injected colonic (not ultraviolet, please).

Again, I am stunned at what has been living inside of me. A colonic can only treat the lower intestines and a protocol of about 3 treatments will substantially clear the things coming down from the upper intestines. Trust me – the continuing results of the initial treatments are still horrifying, but at least those are not in my body.

I plan to continue with a frequent program of colonics beyond this disease.

*MUTEX

This is the herbal blend produced by Dr. James Overman to force the vermin to mutate back to their Arthropodic form enabling you to then kill them. This is an ABSOLUTE MUST.

I wish I had known about this and this man’s protocols at the beginning of my plight!
*OIL OF OREGANO*

Here you need to find a well-refined, high grade of the Oil. Most over-the-counter brands are not strong enough and have alcohol added. The brand I found and love is made by North American Herb and Spice has a super-strength oil, is carefully distilled and can be purchased through a good health store (not necessarily a chain store). The oil is what I put directly on some of the itching and lesions, but more importantly I use about 5 droppers of it in a 2 oz. container in an olive/avocado oil carrier (general application to the body, as well).

This company also makes two oral versions of Oregano and they would be my choice. It should be taken internally and externally for more bang for the buck. When this ends — and it WILL — this is one thing that will stay in my nutritional program daily.

It can, however, be hard on your liver. Oregano Oil is somewhat caustic, which is why it can clean out the intestinal track; however, it also kills the good guys in the intestines and you will also need a very good probiotic everyday. Here again, I have found what I feel is the best probiotic on the market and the link is in the "Resources" page. The good oil is certainly the most expensive and you may not wish to use it all that liberally.

I caution you that extra-ordinary times require extra-ordinary effort. This is one of the top items for combining with the oils for topical application relief. Do expect some of the vermin to come out, so a good deal of time is spent getting them off the body. Be aware: Oregano oil can be hard on the liver, so be judicious in the frequency of its use.

*NUTRASILVER*

This is the actual brand name of a colloidal silver formulation and is the brand almost every Morgellons sufferer has used with good results. This process for silver is a concentrated form found in most mineral supplements.

Follow the manufacturer’s protocol.

Do not guess your needs randomly and a lot of it is based upon the disease versus one’s weight.
NOTE: There are different forms of “Colloidal Silver” and most are pretty good.

However, the majority are Ionic Silver and are clear in color. Nutrasilver is the real deal and is shocking to see at first as it is yellow-gold in color, reflecting the 100% Colloidal Silver.

These are the best ones to find out there. Order online, the link is in “Resources”.

*SILVER SOL GEL/TOPICAL (this company also holds a patent on a nano-silver internal product that might be worth trying also)

Liberal use of this on the external affliction offers the same protection and additional link to killing the external pathogens that the internal consumption of colloidal silver does.

*OLIVE LEAF EXTRACT

Wonderful! Take therapeutic doses, such as 3 capsules day, until you are clear of any pathogenic situation. Pathogens HATE these, Oil of Oregano, high oxygen content in the cells and an alkaline level in and on the body.

I found Seagate produces one of the highest grades and I take 3 capsules X 3 each day during the therapeutic term of treatment.

*TEA TREE OIL

This has been a great antiseptic/anti-bacterial and I use it full-strength on itchy/inflamed areas.

Moreover, I add about 1-2 Tablespoons in my bodysoap/shampoo, along with about 5 droppers of the Oil of Oregano. Along with Oil of Oregano, Tea Tree Oil is one of the mandates in my oils for topical application.
**BETA GLUCAN - SUPER STRENGTH**

This is a facilitator for the immune system to search out the offending pathogens and destroy them. I highly recommend NSC as a source for this and that you begin with a therapeutic treatment of it. Keep it in your nutritional program forever and speak to the company authorities as to dosage.

**PROBIOTICS**

I have spent two years searching for one specific formulation, which is Japanese and is a three year fermentation of the bacteria. I FINALLY found it in Dr. Ohhiras Probiotics and I love it. I take mine just before bedtime on as empty a stomach as I can, which gives the probiotic the optimum time to attack the bad guys during sleep and the healing process of the body. Still, this is more of a therapeutic approach during this disease and the best time to take them is first thing in the morning on an empty stomach. This company also makes a probiotic body soap, which I strongly urge you to get.

**LIQUID CASTILLE SOAP**

Can be found in most health and some grocery stores. It is far more desirable as it is gentle on the skin, cleans and leaves no residue on the skin and you can add your oils. I use it for hair and showering. I add Tea Tree and Oregano oils to this, as well.

**NEEM SOAP AND OILS**

Neem is used to treat pathogens in India via Aryuvedic Medicine and I promise that parasites hate it; therefore, I LOVE it!

Bars of pure Neem bars are found in most health food stores. TheraNeem also has an "Organix" line of body products that I absolutely suggest, esp. the shampoo which contains Neem Oil, Pine, Tea Tree and so much else that is highly beneficial.
*GRANDPA’S PINE TAR SHAMPOO*

I loved this, but only found it at Whole Foods towards the end. Essentially, Pine Tar is sulphuric in nature and that is particularly beneficial against pathogens. They hate it and, therefore, I love it.

*THERANEEM’S ORGANIX SHAMPOO*

I used this alternately with Grandpa’s Pine Tar Shampoo and as the quantity reduced, I combined them and that worked for me really well; however, I added a couple of things that really helped boost the “kill affect” and repellant of things on my head. I added a fair amount of food grade Diatomaceous Earth (again, purchased at a pet store and NOT a home improvement or hardware store, as they contain pesticides) as well as 1-2 teaspoons of Boric Acid (usually carried by Rite-Aid pharmacy).

I put this on my head overnight with a shower cap and then rinsed out each morning.

**"LICE-EX"

This was my favorite shampoo altogether and is from Precision Labs, Dr. Overman’s manufacturer of his products.

*APPLE CIDER VINEGAR*

This has been one of the best things for me, particularly when the itching gets the best of me. Daily, I had at least one bathtub + 4 Cups of vinegar soak of at least 1:00 hour, but there were days when I had to soak 2-3 times. Again, you will find that your routine will consist of showers and vinegar soaks – daily. When the vermin begin to get active during the day or night and the biting/stinging and itching gets to be too much, this invariably helped. The Apple Cider Vinegar creates an alkaline environment for the skin. I have invariably caught the critters on the move and you will begin to realize they are falling off in the bath. However, tenacious as they are, it takes a few minutes for them to perish.
LINDANE

This is a topical prescribed for scabies and is recommended when the over-the-counter premetherins (Rid, Nix, Pronto, etc.) do not work. I have used both and found when the parasites were the most present and active on my skin, the premetherins only aggravated them. The Lindane is not as toxic as Kwell (most commonly prescribed) and worked very well.

Basically, you cover your head with Lindane and leave it on overnight from 8-12 hours. Wash it off in the morning. Doing this early in the disease might well prove to reduce the external potential for the spread of these vile things. If parasites are particularly well-established over a period of time, there is nothing I have found that knocks them out in one go.

WARNING: There is a strict protocol for the application of all of these treatments and you must consult with your physician as to any prolonged use.

*METAL LICE COMB

Be certain you get a good quality one, as the packets of metal ones I purchased for the head lice were not a happy investment when the teeth popped out. The combs sold by RID were not easy to clean, given their design.

I found that the little bleeders always head for the head. I kept my hair "pixie" short and only used the lice comb to not only comb my hair, but to treat the scalp by catching and lifting off any "visitors".

Although most doctors call your ability to "help" them with samples the "Matchbox syndrome" (compulsive effort of the person with "Delusional Parasitism" to prove the vermin really exist!), it is still a fabulous way to pull off samples for anyone treating you. Make certain to put any and all samples in a little glass jar in rubbing alcohol.
*NEDDI/NETI POT

This is used to flush out the nose and is wonderful. You use a mild saline solution and follow the proper Instructions. Add about 3 drops of Nutrasilver to the solution.

WARNING: I made the grave mistake of forgetting the saline solution recently and gave my brain and sinus’ “brain burn”!

*EYE WASHING BOWL

Can be found at a pharmacy and is a small “bowl” that conforms to the eye cavity in order to wash out anything foreign that has got into the eyes. Use distilled water with about 2 drops of Nutrasilver then flush each eye, opened.

*NOTE: Again, One of the more charming aspects of these creatures is that they go into the nose, the ears, your eyes and you may find them coming out of your gums. You will need to flush these areas on a daily basis. Distilled water with a couple of drops of Nutrasilver. You can also find a natural toothpaste with Neem and Tea Tree (Desert Essence), which works extremely well.

*VICKS VAPO-RUB (or the generic version)

This brought me a good deal of relief, topically over the rash. I found some relief from the itching that other products did not deliver.

HYDROGEN PEROXIDE

I used it straight for a mouthwash and added a couple of drops of Nutrasilver or Thieves Oil to a small amount as an ear treatment. That invariably killed the entrenched parasite(s) and my ears cleared.
AROMATHERAPY OIL

Produce this yourself. You can purchase a 4 oz. Bottle at a health store to put it in. See "Recipes". My strongest suggestion is to purchase "Thieves Oil" as well as the household cleaner of Thieves Oil. Tried to make it myself from an online recipe or two and it just was not the same as the highly concentrated oil/cleaner from Young Living.

I strongly recommend all of their products and please use the number listed with the Resources website. It will help support the fund to assist other sufferers.

AUSTRALIAN EMU OIL

I have used this for years for burns and there is nothing I tried that even comes close to the healing powers of this. I used this in copious amounts on my body to help the new skin develop and to eliminate any potential for scarring and it worked; however, the parasites utterly hate it and react to it causing more itching. I found it best to use as their population reduced in any area.

You truly want Australian Emu Oil, as it reflects the animal's environment and diet.

The Australian Aboriginals used the entire animal, from whence comes the knowledge of this oil. When someone had a skin condition problem, they would kill the animal and take the hide with the underlying fats (now oils) and wrap the sufferer in the hide and leave them in the heat of the outback. This would heal the condition, without fail.
BACITRACIN WITH ZINC

This was a great help on the lesions and also brought the vermin to the surface of the skin where I could get some of them. First of all, parasites HATE zinc so the more of that I use the happier I am! On occasion, I would spread it over larger areas where they colonized and inflamed the skin.

I purchased generic of just about everything.

LEMON/GRAPEFRUIT PEEL

Save these after squeezing the juice and when the lesions appear, particularly on the head, put the peel with the squeezed remains of the pulp on the lesions for 5 or so minutes. Even rub it all over the area and you would be amazed what lifts that you can remove. On the head, I go over the areas gently with the lice comb and am stunned at what was there I did not know about.

JASONS ANTI-DANDRUFF SHAMPOO

For a shampoo and even body wash, this was particularly good. It will not completely eliminate the vermin, but it clears your head and skin really well for a few hours...and it is natural. Find it in Health Food stores.

TREATMENT RHYTHM

It is critical that you develop a “rhythm” to the treatments you are using. Otherwise, your approach will be more like “scatter shot” and you will not only overdue the necessary things, but the cost will increase and you will not be able to accurately determine what actually is working for you. Test each item you choose for a week or so before adding another; the caveat to that is that the things I have found to use are most effective as a group. Furthermore, you won’t

Forget what you took and when --- a problem with the brain fog moments of this insidious disease. More importantly, every healing’s success is predicated upon consistency; although in the case of pathogens, some shifting of treatment prevents a good degree of their ability to acclimate and therefore protect themselves from treatments.
I recommend you do not use the "killer" components and the Healing components together and I have mine scheduled with the killing protocol first and the healing with/after a meal or empty stomach. Read instructions from the manufacturer, call them directly (as I did) and be referred to their research/nutritional representatives and speak to them about your circumstances and they will guide you as to therapeutic doses, both for adults and children. These people have been an important link for me in the healing process.

NUTRITIONALS

First Options: All of Dr. James Overman’s protocols.

"Oxygen Therapy" and "Ph Cleanse" ----- I found these made by Rest and Repair very high quality, but prepare for the taste of the Oxygen Therapy.

Olive Leaf Extract: Love Seagates!

Oregano Oil – I favor Oreganol, both oil and fiber capsules, as well as the bottled oil for aromatherapy.

"Immune Cleanse" – NSC brand and it cleanses the pathogen load.

Beta Glucan 100 Extra Strength" – NSC’s is VERY effective. This gives the immune real strength Support.

"Sawmento"
A microbial anti-pathogen. It is quite expensive, but very good.
Noni: An immune support concentrate from coconuts. Again, it is also quite expensive, but effective.

Ohhira's Probiotic: a Japanese formulation that has been fermented for 3 years and encapsulated in such a way that the "nice" bacteria do not die.

Immune Defense Cream or Glutathione Cream: This adds a second layer of immune-strengthening defense. If you empty one capsule of Beta Glucan 100 into about 2 tablespoons of the cream. It also deters the external pathogens. I do this twice a day, after my morning shower and after my nighttime soak.

Organ drainage homeopathic: My treating physician has liquids from Germany that he prescribes or me. There is a separate one for each organ/area (e.g., lymph, liver, kidney/spleen, etc.)

NOTE: Realize from the beginning that it is critical to help the organs eliminate dead and wounded pathogens. When you are aggressively attacking and killing them, they begin to back up and overload the organs. This will only worsen the condition of your illness and potentially create even more serious issues.

THINGS THAT DID NOT WORK FOR ME

Almost everything that says it will "cure Morgellons". I found some, but temporary, relief for a lot of money. One, was far too harsh for my skin and made the rash even worse; however, be your own judge. I did find a couple household disinfectants/cleaners that I love. That said, everyone had one or more products that became a component/additive to the other things I found more useful.

Be a little creative on your own.

Most of the recommended over-the-counter things were not inexpensive in total and were far too "cosmetic", too rich and the body cannot tolerate them. Not to mention they were just too gentle.

31
Baths of Epsom Salts are often recommended. I would soak in it and it felt just fine; however, it brought up the itch as it dries out the skin and I had to hop right into my vinegar soak to balance it out. Mind you, I have done both, the vinegar right after the Salt, which worked reasonably well. You can combine the two and that works, which is what I finally did.

DO NOT exfoliate or use ultraviolet/infrared or sauna until later when the parasites start to abate. Every time I did, they spread. The far infrared sauna is the best thing I found of the two. When sauna-ing, take a spray bottle of Witch Hazel and aromatherapy in with you to spray on yourself periodically. Add something like Tea Tree, Thieves Oil, Oil of Oregano, Rosemary, or Thyme – perhaps all of the above! Just about 5-10 drops each, as they are effective kill oils on parasites. This should take care of any parasites that emerge from the sauna. Certainly shower off immediately after the sauna.

**CURING YOUR DWELLING**

This aspect is so critical, although exhausting.

Vacuum thoroughly and daily – critical

Spray with a good-quality anti-bacterial spray, but one that is also anti-microbial is the best (Here, source Q-Based. I love theirs, even though it is expensive. Also, Thieves Oil Cleaner from Young Living). Make a solution of cleaner to water and spray EVERYTHING – daily. Spray your bathtub behind you after every use. If anything is alive, it should kill it. Ace Hardware sells a janitorial strength household ammonia and I made a 1/3 ammonia to 2/3 water spray bottle and kept it by the bathtub/shower.

Put a washcloth over your nose and mouth, though, as it is powerful!

Mop up floors frequently, especially the bathroom and any areas you spend the most time in. These little miseries can be found there far too often, as they continually drop off. This is one area a dry steam cleaner would be invaluable.
Be aware: Remember, these things will afflict your pets experience speaks), so be conscious of this and watch your pets to see if their behavior changes: lethargy, scratching, moaning from discomfort, loss of appetite, ears being flattened/twitched, which would indicate ear mites. If they are suffering, you must involve your veterinarian.

Recently, I lost my oldest cat and quite suddenly. I am truly angry at the disease as I feel the months of distraction and incredible costs of this disease prevented my focus on the needs of my animals, as I am quite diligent with their well-being.

An antibacterial is possibly adequate for treating the home, but should also be a miticide to kill mites. I found Thieves Oil Soap (Young Living), "Xtreem Clean" disinfectant and "Cedarcide" to be my favorites.

However, see the paragraph about a "Dry Steam" machine below.

Laundering your clothes, linens, etc., is critical. I finally gave up using towels and bedding. Rather, I sleep on a plastic covered love seat, using one sheet and two throws which is also washed daily. I towel off from baths and showers with cases- upon-cases of paper towels. Nonetheless, I spray everything I touched with the antibac./antimicrobial, spray every day.

A dry steam machine with a certifiable "exit" temperature of 130 deg. F. is recommended to steam all soft furniture, rugs/ carpets, baseboards, moldings, etc. Most household steamers are not hot enough and you need to do your research. A better quality steamer also offers all attachments for general house cleaning as well. DO NOT use water-extrusion systems (which is what most commercial treatments are) except on soft furnishings and have it done by professionals.

"CEDARCIDE"

Purchased online. It is an interesting product as it is cedar oil in a carrier derived from quartz. It does not leave residue nor stain and I purchased the "fogger" to completely immerse the house. Cedar oil seems to be the best natural, nontoxic product to kill all vermin (including scorpions). Bugs hate cedar oil, but this seems to coat their exoskeleton bodies and suffocates them, as well. I will do this upon completing the steam treatment on my home.
PERSONAL GROOMING

Forget it! You will only be able to do what you can do. You are in survival mode and are elevated to a 24/7 stress that does not let down. Pick multiple and washable things that will become your “parasite clothes” and they probably won’t be pretty. You will be scalding these things to death for however long this disease exists and they need to take a beating.

When you are finished with the disease and the clothes, get rid of them in tightly tied plastic bags – DO NOT DONATE TO CHARITY! In fact, cut them up first. God forbid, down the road, they decide this is contagious and one of the little vermin found their way onto another person.

I have already indicated it would be best if the hair is kept very short. You are simply in no mood to “coif” your hair on a daily basis.

Control what you can control

This should become your daily philosophy. You do not have any extra to give, so do not try.

DIET

Paramount to the treatments, this is critical. An alkaline diet: protein, vegetables and limited fruit. Pull up the list of alkaline foods off the internet and eat around that. Get into your recipe books and start cooking. To make it even more comprehensible, purchase Phase I Diet and the companion recipe book by Douglas Kaufman.

Water-water-water! This so so important to flush out your system, but also parasites and medications dehydrate you and you need to do all you can to supplement your own needs. However, it is of no use to have an acid content in your water and distilled water has a proper alkaline balance. I found the “Zero Water” pitcher and have really had great success with it.
Body Supplements: A multi-vitamin, Immune support, Oil of Oregano gel caps, a cellular oxygen therapy and Olive Leaf Extracts, at the least. However, a treating physician/Dr. should mold a program for you. Here, I found a Naturopathic Dr. to have the best insight.

One caveat of advice is that you may find it will be necessary to abstain from the multivitamins until the parasites are gone, as they may garner the added strength and health from these and not you. Minerals, however, are critical for you and your body needs to be alkaline to adequately absorb them.

NOTE: Everything you take may not be useful to you at a particular moment of time. Hence, you would be wise to find a homeopathic practitioner (such as a Dr. of Naturopathy) that will "strength test" you, periodically.

It works, believe me!

Sleep:
You will find that you will need to sleep whenever this disease allows. Ultimately it took a prescription for antihistamines to ease the itching during the night. Naps are a good thing!

Mood:
A Herx reaction is really hard to control and, as I said before, you really do not want to. The worst for me was the extreme anxiety.

USE DEEP BREATHING EXERCISES TO HELP YOUR MOOD AND FORCE YOUR THOUGHT PROCESSES.

Still, buffered aspirin helped me with the itching and reactions. There will probably be times when a prescription antihistamine will be required for the itching.
Mobility: As I said before, these things will cause you to beat a retreat home when you try to run errands to any length and degree. Plan short, essential trips out, but do get out! You need the air and certainly the vitamin D from the sun. Helps the sense of “claustrophobia” caused by being confined indefinite.

MEDICAL

Search until you find a medical practitioner who will, at the very least, work with you. My first thought would be an Infections Disease Specialist, however that will require a referral. Most of the medical profession have no clue about Morgellons, much less believe it exists. Many still reject the existence of Lyme Disease throughout the “medical profession”. I even caution that an Infectious Diseases specialist may take a limited view of it all, so weigh out the approach of any physician. Less is NOT more here, folks. You MUST fire every weapon you find constantly.

Initially, I found two Naturopathic Therapists who have been instrumental in this cure. One is very insightful, researches everything and “stepped up” to walk this walk of healing with me...the ONLY person to do so. Had it not been for her, I would probably have been in a straight jacket and in much worse condition by now. She has sustained me until finding my treating physician, but is still fully involved. She tapped into the Lyme connection very early on and began that treatment as well, which most likely saved me from passing out or, even worse, seizures. The second was gratefully well-versed in parasites and pointed me to Dr. Overman’s book, but also tested and treated me.

Blood tests – These will be critical to knowing just what is going on inside. My Dr. took two vials of blood and ordered multiple tests.
IT IS IMPERATIVE TO HAVE LYME TESTS DONE AS EARLY AS POSSIBLE IN THE MORGELLONS DRAMA.

In fact, it may be the Lyme that creates an ideal environment for the parasites to start their assault. This would spare you my plight of months of limited progress over Morgellons when the Lyme disease inhibited treatment of Morgellons. A footnote to this is the patient that came to my Doctor for treatment of Morgellons within the first month of my initial visit. His case was earlier in the disease and gratefully he was negative for Lyme.

Constipation: I found a high fiber cereal and prunes (Nibbled throughout the day) really took care of the problem, along with multiple glasses of water. Fresh vegetables, vegetables and more vegetables and some fruit in your daily diet. Colonics were clearly essential here.

Drainage: Organs and glands may need help with the drainage of toxins/parasites. My Dr. prescribed three homeopathic products from Germany, one for general/body drainage, one for the liver, one for the kidneys/spleen and one for the Lymph system. It worked very well.

Colonics These worked the best for me and I saw the worm egg casings leaving my body – in massive numbers. The majority of things this cleansed are much smaller and also microscopic, but it does get them. Be prepared for multiple and consistent treatments over weeks. I would also recommend a monthly treatment once you return to a normal health.

On my "blog", we have included a small index of specific products we have found helpful, along with their addresses/e-mails, should you wish to use them. Nonetheless, just remember that these are all things I personally used which I felt were the most helpful for various things I faced. Remember, above all, that there is no "magic pill" for this disease and all you can count on is DUE DILIGENCE and TIME. I must point out that a Naturopathic practitioner has alternative ways of testing you that are very, very effective.
Bio Meridian machine, Kinesiology or some other form of strength test. These are remarkably accurate and will readily guide you through the natural products you actually need at that moment in time as you progress through this disease. This will save you purchasing everything in sight or hearing and narrow it down to the precise needs of the moment.

Recognize one fact: You are ill, extremely ill. Cater to that view and act accordingly. I would guess that IF allopathic medicine (what we call traditional medicine) even would treat this disease, they would hospitalize the sufferers without hesitation...and NOT for insanity! For now we are “guinea pigs” in the pursuit of a cure. You will be engaged in 24/7 warfare against a very aggressive and hard to see enemy. Do not for even one nano-second feel you are winning until it is certifiably over. There will be times when the skin appears to calm and you would swear they are going away, but an eruption/attack invariably follows.

Do not become so discouraged that you contemplate taking your own life. That says you have given up and that the parasites are winning. Yes, you will endure endless torment, debilitating moments and a degree of depression. NOTHING is worth taking your own life, however.

Remember, we said they “surf” the lymph system and at least one or some are blood-bourne. They “colonize” in a couple of areas and when they come under attack, they swim off to a new area, so treat your whole body constantly – inside and outside.

What haunts me from reading other people’s blogs is that there are children and babies out there being attacked. It is beyond my comprehension that these little guys are suffering like this --- WITH NO ONE WHO WILL HELP!
For them I only have a couple of thoughts for some relief. Soak them in the apple cider vinegar bath (this "alkalinizes" the skin) -- often. Topically, you might try mixing the Oil of Oregano and Tea Tree Oil in a carrier, but also the Lindane may prove to bring the most external help.

HOWEVER

LINDANE MUST BE PRESCRIBED AND THE PROTOCOL DICTATED BY A PHYSICIAN, particularly for these little guys. I would recommend a Lyme test be done above all. I strongly encourage and urge you to resource all of Dr. Overman’s protocols for these little guys. You can work through his clinic for guidance. At first glance, I would absolutely use the Morgan Bath and the zinc-based topical, and possibly the Lice Ex shampoo. Get them tested for Dr. Overman’s products, which I feel provide the greatest hope, are totally natural and from what I have found, mild topicals. The internal issues need to be evaluated by his clinic for use.

This “blog” and book (initially) will pursue any new determinations, findings, names and contacts for medical practitioners found to treat this disease (pending their approval for inclusion) and update you. Most of the blogs we have read dwell primarily upon the suffering from this disease with one or more things that have helped bring relief. I found none that combined into one source all the things that were found to help, along with the things that needed to be aware of and done on a daily basis. That is why we pray this little book will bring some level of comprehensive help to sufferers out there.
The one last thing we wish to share with you is that this disease will take time (lots of time) to overcome. Again, it is NOT worth taking your own life! We pray this little book will be enough to help you get an early start and get rid of it a lot sooner than months and years on end. Believe it or not, there are studies being done and I found one hospital in my city that "treats Morgellons" and is a "specialized" treatment. However, when I tried to connect and receive a required "referral" it all became highly secretive and no one would own up to working with it. You will also encounter this, I am certain; however, be more tenacious than the parasites and persevere to the end of finding some level of medical help. Do not disqualify homeopathic avenues as these have greatly helped me. You will need a prescribing practitioner in order to start a program of parasitics, etc., and an Osteopath is a very viable option.

It is common opinion that Florida, Texas and California are the "hot spots" for Morgellons, but I think we will find that it is more widespread than anyone truly knows. What are the odds?! When I first learned what this was, I found the Morgellon's Research Foundation on line and only 1,300+ sufferers were registered. Known cases in one year have soared above 14,000.

In fact, the little vial of "samples" I brought in to my Dr. came into play, as he tests via muscle strength reactions. Initially, she tested positive for 4 parasites after which he stopped testing and started treating. When he tested his other patient, the greatest reaction came from my little vial of "Morgellons parasites". Never underestimate your contribution to your doctor and hopefully you will find one of those few who still exhibit "Scientific Inquiry" and not just finding a pill in his/her data base to fit some symptom or another. Oh what I would have given for one "Country Doctor"!

I wish you rapid and permanent healing. In some great or small manner, may this information facilitate that quickly. Here's to your health! We encourage any/all sufferers to publicly share the knowledge they acquire and the solutions they find. As of now, it is the only way we have to unravel and rid ourselves of this horrific disease. Someone I read referred to it as "the Leprosy of today" and I second that statement!